# **VSP**

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# Scholarship Opportunities

- 1. Practice Excellence Award
  - a. \$4K
  - b. 4th Year Students
  - c. 2 Students per school each year
  - d. Partnership with the Academy
- 2. Dr. Marvin R. Poston Leadership Award
- a. \$4K
- b. 5 students per year
- c. Active members of NOSA
- d. Partnership with NOA
- 3. Student Innovator Award
- a. \$5K
- b. 1 student each year
- c. Partnership w/Rick Bay Foundation
- d. Focus on new ideas & innovations
- 4. GO Grants
- a. Available to all OD students
- b. Major industry events

# Student Brand-Ambassador Program

- 5 Student Winners each year
  - 4 Pairs of Sunglasses
  - Promote Marchon frames & VSP Optics lenses
  - o Share experiences on Social Media

# Skill-Building & Career Growth

- 1. Eyefinity Student Certification Program
- a. >70% of practices using software have Eyefinity
- b. Set yourself apart as a new doctor/future applicant
- c. Learn how to properly code ICD-10/CPT codes that get you paid in real life
- d. Learn/engage with optometry students nationwide see each others' diagnoses/treatment plans
- e. Become a certified user of the leading EHR in the industry AND earn this awesome badge!
  - Sign-up/register today: www.eyefinity.com/studentcertification
  - Multiple Start Dates in 2020:

- o April 3, 2020
- o June 5, 2020
- o November 6, 2020

## 2. Private Practice Job Placement Program

- a. Helps to set up recent graduates with VSP Premier program doctors
- b. www.ODCareersVSP.com

# "How to use Instagram to Promote your Optometric Niche"

# Dr. Arian Fartash: "The Glam Optometrist"

# Bio

- Class of 2010 SCCO
- Founder of Glamoptometrist Blog and Instagram 2016
- Brand Ambassador
- Social Media followers totaling \$45K
- @glamoptometrist (Instagram)

## Tips on How to Start an Instagram Branding Page

#### 1. Learn How to Start

- 1. There's no time like the present
- 2. Know your goal
- 3. Have a unique message
- 4. Start creating online relationships
- 5. Know who your audience is
- 6. Keep the business account business
- 7. Look up the accounts: @defocusmedia & @2020glance
- i. What are their objectives?
- ii. Who are they speaking to?

#### 2. Learn my IG Successes

- Best times to post: Breakfast, Lunch, 5PM 7PM
- Post consistently (keeps you relevant in the feed)
- Tag business neighbors/colleagues for increased exposure (creates a sense of community and friendship)
- I tagged the owner of a restaurant in my food post, and the owner supported me by coming as a patient
- It only takes 1 big instagram profile to help your profile grow instantly
- Hashtag your heart out (Instagram allows up to 30 hashtags)
- Posts with at least 12.6% average more engagement
- Reposting is another way to network online

# 3. Learn Why it's Worth Your While

- Instagram = Window shopping
- Inspiring product photos attracts customers

# 4. Learn to Be Your Own PR Agency

- Save money by avoiding a PR Agency (costs a lot to hire one)
- Be authentic your audience can "sniff" out generic from authentic
- Instagram is free. Easy way to attract new marketing

## Reflections on Personal Experiences

# GlamOptometrist (Instagram)

- Extra income to make on the side is an added bonus
- Rewarding to inspire others, not just students, via branding
- Opportunities to work with other companies, such as VSP (video shown)

# **Instagram Branding Tips**

- Create a page that will set you apart
- Get noticed by your community
- Stay relevant with your audience
- Inspire yourself and others

# GlamBaby™

- 100% UV-A/B eyewear protection for babies
- Code: "boston" for discount

#### **Corporate Optometry**

- Sometimes need to work on the weekends
- Not as much room to grow, job hierarchy wise

## **Nursing Home Facilities**

- Flexible Hours
- Fantastic pay; great to increase how fast you can pay off your loans
- Emotionally rewarding and emotionally draining; need to have thick skin
- Variety of practice models

#### General

- Important to, eventually, be willing to say no. Family is a priority and a big consideration
- Not everyone has the same preference. There is no right or wrong career path in optometry
- Don't be afraid to negotiate your wages
- Going in-person to deliver your resume can make a difference and help you stand out